

## ROUTE OVERVIEW

### Description

The Buncrana shore-path is a 4.5 km (one way) traffic free walk which follows the shoreline of Lough Swilly between Buncrana and Stragill Strand. It is gently undulating path which passes quiet beaches, old forts and a number of sites of historical interest. Wildlife is abundant and the views in all directions are superb.

### Details

Distance: 4.5 km one way - 9 km return

Height gain: 20 metres

Estimated Time: 2 - 3 hours

Terrain: Trail is generally flat with a smooth surface but with occasional gentle slopes, some short sections of gravel surface and a section of sandy beach at Stragill Strand.

Grading: Easy

Waymarking: White arrows on black plastic marker posts.



# Buncrana Shore Path

## Grading Information

### EASY

Generally flat trails with a smooth surface and some gentle slopes or shallow steps. These trails are generally suitable for family groups including children and the elderly. Normal outdoor footwear can be worn.

### MODERATE

Trail may have some climbs and rough and uneven surfaces. There may be some obstacles such as protruding roots, rocks, etc. Suitable for people with a moderate level of fitness and some walking experience. Specific outdoor walking footwear and clothing is recommended.

### STRENUOUS

Physically demanding trails, which will typically have some sections with steep climbs for long periods. The going underfoot can be extremely rough including many obstacles. Suitable for users accustomed to walking on rough ground and with a high level of fitness. Specific outdoor walking footwear and clothing required.

**Contact Details:** This walk is managed by Donegal County Council - Tel: 07491 53900



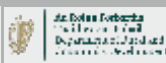
If you encounter difficulties, call 999 or 112 and ask for Mountain Rescue or Gardai or in the event of fire ask for the Fire Service.

For local Weather information visit [www.met.ie](http://www.met.ie).



**NO DOGS PERMITTED**

*This waymarked Walking Trail crosses private property and access is due to the kind permission and generous cooperation of the landowners. Persons entering such private property do so by permission with the consent of the landowner and no right of access or right of way is created as a consequence. No amount of expenditure by the partners to this agreement or by private individuals on the route being used will alter this position. Nothing in this notice shall impact or address any pre-existing public rights of way.*



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Castle Green



White Strand