

# 48-Hour Nature & Adventure Itinerary

The North West has loads of experiences to offer when it comes to a staycation – so how will you know where to start? Never fear – we've lined up a range of itineraries to help you get planning your ideal trip.

A 48-hour visit gives you just enough time to encounter Ireland's wild side in the legendary North West, the gateway to the Wild Atlantic Way and the Causeway Coastal Route. Combine Donegal's breath-taking scenery with Derry's natural scenic hinterland. With rugged coastlines, a bustling centre, and adventurous pursuits with everything from paddleboarding to hiking, immerse yourself in the spirit of the North West. This two-day itinerary will help you take full advantage of your time.

## Day 1 - Derry

### MORNING

Geographically idyllic, set against the backdrop of the hills of Donegal and at the foot of the Sperrin Mountains (AONB), Derry is a mecca for nature lovers and adventure seekers who are also after a bustling city experience. Wake up in one of the many hotels in Derry. Consider the day ahead in our independent coffee shops. If you haven't had a chance for breakfast at your hotel, The Pickled Duck nestled at the foot of the 400-year-old walls, serves freshly baked sausage rolls with their LegenDerry Ding Sauce or filling cooked breakfasts.

### For Adventure Seekers...

Get a whole new perspective of the city as you take to the waters. Far & Wild's 2-hour City Paddle Boards tour is a superb way to unwind on the open waters of the Foyle River flowing through the city. If you prefer to stay on dry land, choose from several other adventure-based tours with Far & Wild including whizzing through Derry on a pair of in-line skates or a 2-hour Hawaiian longboard tour.



### For Nature Lovers...

Foyle Trails travel out from Derry to explore the scenic areas and natural heritage that surround the historic city. Choose from a 7-hour tour where you'll learn about ancient landscapes full of myths and legends or a 4-hour tour that explores a colourful woodland habitat 8,000 years in the making. Both tours include a lunch stop.





# THE BEST OF THE NORTH WEST

## AFTERNOON

### For Adventure Seekers...

In the afternoon sit and relax as your cruise along the banks of the iconic river Foyle with Foyle Venture Cruises. Take in the beautiful sights of the local wildlife and seals before finishing with a high-speed ride which twists and turns around the city's iconic bridges. A must for any adrenaline junkies! When you get your feet back on dry land, join one of the many walking tours of the city to end the day.



### For Nature Lovers...

In the afternoon visit Brook Hall, together with the Arboretum and walled garden, located 2 miles outside the city or take a stroll around Brooke Park, a historic 8-hectare public park in the heart of the city.

Finish your day with a walk around the compact city. If Derry's famous 400-year-old Walls were to speak, they'd have some mighty tales to tell. You can walk the 1-mile loop at your leisure or join one of the fascinating tours available each day.

## EVENING

The city has a flourishing food and drink industry with award winning artisan producers, restaurants, and an emergence of a cluster of street food offerings who are carving out their own niche following.

Look out for Walled City Brewery which champions local produce including the Lough Foyle Irish Flat Oyster, Soda & Starch located in the Craft Village, or for a fine dining option The Sooty Olive.



## Day 2 - Donegal

### MORNING

#### For Nature Lovers...

After breakfast, a short drive will bring you from Derry into Inishowen in Donegal.

Start your day with a visit to Ireland's Most Northerly Point, Malin Head where you will enjoy the wild and rugged landscape which marks the beginning or end of your Wild Atlantic Way. You will be amazed on arrival by the truly epic views across the dramatic cliffs to the stunning seawater below.

Why not arrange for a guided tour and walk Malin Head's rugged Linear Trail (1.5km) (30mins) famed for its beautiful coastal scenery and beaches, the Malin Linear Trail runs from Banba's Crown to Hell's Hole with wonderful views of Inishtrahull Island.

#### For Adventure Seekers...

Donegal Climbing is based in the National Geographic 'Coolest Place on the Planet' – Malin Head which is one of the Star Wars film locations in Ireland for Episode VIII! Take advantage of the various climbing terrains and options that the area provides. Whether you are just a beginner honing your skills or a pro testing your skills this amazing county has got you covered!

### AFTERNOON

#### For Nature Lovers...

There are endless options for afternoon activities in Donegal but one way to make your getaway feel special is to set sail with the [Amazing Grace Charters](#) and explore the hidden gems of the Wild Atlantic Way from the water.

Whether it's wildlife watching or sightseeing, Amazing Grace Charters provides all types of boat trips to an impressive eight locations. They also offer bespoke trips for private charter so there really is something for everyone.



#### For Adventure Seekers...

Travel to [Ballyliffin Golf Club](#) and savour lunch on the Links Restaurant & Bar on the top floor, with breathtaking panoramic views of the Golf complex and Atlantic Ocean, the restaurant offers a full range of gastronomic delights while overlooking both courses and watching the spectacular views over Pollan Bay. You can challenge yourself to a round on the Championship links Course. You will find testing yet rewarding challenges at every hole. Ballyliffin Golf Club consists of two outstanding, contrasting links courses, making it one of the finest golf resorts in the world.





## WANT TO ADD EVEN MORE ADVENTURE TO YOUR TRIP?

### Derry

- Located within impressive woodlands of Faughan Valley, Oakfire Adventures offers a range of activities for adrenaline junkies and thrill seekers. From zip trekking through and under trees, rocks and rivers to a tree trek adventure with high tree-to-trees crossings, free-fall Tarzan Swings and riding super-fast, very long zips. This is grown-up fun in the great outdoors.
- City of Derry Equestrian offers a guided horse-riding experience and is a fantastic way to connect with nature and enjoy the panoramic views of Derry, Donegal and beyond.

### Donegal

- Wild Alpaca Way - set amongst the stunningly beautiful Knockamany Bends, Malin Head. Take a guided trek with alpacas through this area of great natural beauty and spectacular coastal views.
- Wild Atlantic Way Adventures – Clonmany. Combine adventure with learning; mix languages up with fun, history with the environment – all to enhance education.
- Tullagh Bay Equestrian Centre - Clonmany. Enjoy the fabulous Inishowen beaches and landscape on horseback, ably assisted by friendly and experienced team. You can book a lesson or trekking.
- Inishowen Maritime Museum & Planetarium – in the picturesque village of Greencastle. Explore Lough Foyle's incredible maritime heritage via nautical exhibits, memorabilia, photographs, and Irish boats from six to fifty feet. Planetarium features depictions of our night skies and multimedia presentations.
- Grianán of Aileach – outside Burt. Prehistoric circular hillfort offering superb panoramic views of five counties from its 800ft height. The Neolithic burial chamber uncovered during the restoration work in the 1870's dates from 200BC.
- Moville Pottery – in Moville. You can paint your own pot or have a go on the potter's wheel. See the biggest and smallest handmade teapots in Europe.